



Newsletter

Queensland
Target Sports Inc.

ISSUE 20

SEPTEMBER 2010

WHAT'S NEXT

MARYBOROUGH MASTERS GAMES - 2nd & 3rd October.

Something for everyone at this one - prone, bench rest, silhouettes, air rifle & pistol.

For information contact: Roy & Marg at roy.muller@bigpond.com
or Des at xt302w@bigpond.com

QTS STATE CHAMPIONSHIPS - 30th & 31st October.

Program has been sent to all clubs and is on the website.

For more information contact: Rod & Robyn 07 5426 4416
Rex 0402 819071
Peter & Bergita 07 5439 9620
Ray & Janelle 07 3823 4277

LISMORE & NORTHERN REGION C'SHIP - 13th & 14th November.

Enquiries contact: David Gaze on 02 6622 0056
mob: 0411 247 554
Kevin Friend 02 6625 1133

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CONGRATULATIONS

Congratulations to Rod Sampson for being elected to the board of the new Target rifle Australia Limited.

Rod has worked for many years on the executive of T.R.A. Inc. and the executive of New South Wales & Queensland associations.

Only problem now is that we in Queensland have to find a new President.

Others elected to the board are:

Clay Frederick	- New South Wales
Glen Braybon	- Victoria
Scott Wrigley	- New South Wales
Peter Kelley	- Victoria

Congratulations everyone & good luck - the work begins!



Queensland Government

ARE YOU READY TO COMPETE? by Lanny Bassham

Are You Ready to Compete?

Now there's a question all of us have asked ourselves at one time or another. When do you start competing? How do you know if you are ready?

One place to start is to determine what you want to accomplish by competing. If your sole purpose is to win you might think that you should not start competing until you are performing at a high enough level in training to beat the competition.

Nice idea but it will not work and here's why. The only way you can train for competitions is to compete in them. There is a big difference between the training environment and the competition environment. We often find ourselves training either by ourselves or with a small group. In a competition the field is full. Add people and you have a totally different environment.

Next, there is no pressure in training and plenty in competitions. You need the pressure to bring out the best in your game. Competition pressure is either an asset or a liability depending on your attitude about it. One thing is for certain. You have to be able to deal with it and it is just not there in training.

Additionally, competitions create contacts. You need people and knowledge to aid you in reaching your goals and many of the folks with the know-how are at the competitions. When you compete you are able to watch, listen and talk to the veterans and see first hand what you are up against.

Finally, try competing in a number of sports before you decide get too serious about choosing to master one. You will never know how you like a sport until

you give it a try.

Many athletes have found that they were much better at individual sports after they had poor showings in team events. The opposite is also true. Take advantage of any opportunity to try out a sport. It just might be your calling.

So, when should you start to compete? Start as soon as you are certain that you know enough about your sport to be safe and are ready to learn. Don't worry about winning anything in the beginning and do not be concerned about looking like you do not know everything. You will have plenty of company in that area at the competition.

Remember, competitions are where the fun starts. Go enter one.

Article by Lanny Bassham
(info@mentalmanagement.com)

TRA NATIONALS 2011 ARE TO BE HELD IN VICTORIA WITH THE I.S.S.F. EVENTS AT M.I.S.C. AND THE DUAL RANGE AND BENCH REST EVENTS BEING HELD IN GEELONG.

WE WILL BE MAKING ACCOMMODATION ARRANGEMENTS VERY SOON SO ANYONE WIISHING TO STAY IN GROUP ACCOMMODATION , PLEASE LET ANNIE OR ME KNOW AS SOON AS POSSIBLE.

IT IS ANTICIPATED WE WILL BE STAYING IN MELBOURNE.

THE PROGRAMME FOR THE NATIONALS IS NOW AVAILABLE ON THE TARGET RIFLE VICTORIA WEBSITE. JUST GO TO www.trv.org.au

MEMBER PROFILE

Name: **Ray Melody** Year of birth: **1931** Club: **Maryborough**
Place of birth: **Country: Australia** Town: **Mackay**
Occupation: **Altar boy, undertaker, cane cutter, dairy/small crops, wards man**
Retired: **Yes** **Yes** **No**

Family: Spouse **Ruth** Children: **4 (2 of each)**

Siblings: **3 brothers (dec) 4 sisters (2 dec)**

Best pets you ever had: **"Ringo" a Blue Cattle Dog**

Hobbies other than shooting: **Fishing, Horse training, racing.**

Favourite pastime including shooting: **Fishing**

Favourite type of music: **Country & Western**

Favourite type of movies: **Westerns**

When & how did you become involved with shooting:

1950, by invitation at Longreach

What types of shooting do you compete in:

Prone, Bench rest, Silhouettes, Full Bore

What has been your highest achievement in shooting so far:

Coming 2nd in the Queensland Championships in 1967.

What has been the most difficult part of shooting for you: **Seeing**

What do you like most about your club: **The members and their attitude, A1 facilities.**

What advice would you give a new shooter: **2 be successful, hard training and take advice from your coach.**

Ray Melody



HERE'S ONE FOR THE GIRLS

A Real Man

A real man is a woman's best friend. He will never stand her up and never let her down.

He will reassure her when she feels insecure and comfort her after a bad day.

He will inspire her to do things she never thought she could do,

To live without fear and forget regret.

He will enable her to express her deepest emotions and give in to her most intimate desires.

He will make sure she always feels as though she's the most beautiful woman in the room and will enable her to be the most confident, sexy, seductive, and invincible

No wait...sorry...I'm thinking of wine.

It's wine that does all that...

Never mind.



Toowoomba is a picturesque mountain city located in south east Queensland some 127km west of the states capital, Brisbane.

Clinging to the edge of the Great Dividing Range escarpment at an altitude of seven hundred meters above sea-level, the city affords breathtaking views of Table Top Mountain and the Lockyer Valley region across to the east.

Toowoomba is also known as the Garden City and each year plays host to the week long, 'Carnival of Flowers'.

The city covers an area of approx. 117Sq Km and is centred at the intersection of the Warrego and New England highways.

With a population of over 90,000 people, Toowoomba is Australia's largest inland regional city and is the commercial and economic hub of the Darling Downs, thereby serving a population in excess of 250,000 people.

Major industries include manufacturing, wholesale, agriculture and with more than 23 private schools, a technical college, and university, Toowoomba can be considered a major educational centre.

Toowoomba's climate can best be described as pleasant with temperature ranges averaging a cool 5°C to 16°C in winter and a mild 17°C to 27°C in summer.

Doesn't Toowoomba sound like a wonderful place? Well it is, but they forgot to mention the wind and the occasional drop of rain – but mainly the wind!!!!

Carnival of Flowers time is also time for the annual prize meeting. This year it just happened to be on the same weekend as the floods in Victoria and the earthquake in Christchurch.

The weather wasn't any better in Toowoomba.

Competition was tight all weekend but John Patzwald showed his home range experience and took out the overall Grand Champion prize for the weekend. This home town advantage certainly showed through in the bench rest on Sunday when most of us fell by the wayside during a rather nasty wind change. Rod Sampson showed his love of shooting in the wind forcing Johnnie to shoot his first single card 200 to finish the prone competition.

Another future force to contend with is new Toowoomba member, Richard Toye, who has converted his archery experience to shooting. After only a few months shooting, Richard is keeping up with the A graders and giving us all a run for our money.

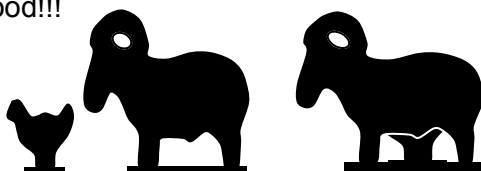
John Pepprell, from Bingera/South Kolan had a well earned victory in the 80 shot silhouette match by winning the shoot-off with John Patzwald.

Annie was the winner of the novelty silhouettes. Here, shooters have to shoot a chicken between the legs of a ram at 90 metres without knocking over the ram.

Sounds easy? – not with a sporting rifle and a 6 power scope. Annie shot 4 out of 5 and the competition is no less fierce here than the other events.

I'm sure all who attended had a great weekend despite the conditions and look forward to next year. Many thanks to all at Toowoomba club for your hospitality

- OH, and the food!!!



TOOWOOMBA RANGE ON A GOOD DAY

50M PRONE**GRADE: A**

		SAT	SUN	
1 Girdlestone, Ray	Comm	574 17 x	572 23	
2 Sampson, Rod	Comm	573 20 x	584 22	2
3 Patzwald, John	Twba	572 24 x	587 32	1
4 Sampson, Robyn	Comm	572 15 x	583 30	3

GRADE: B

1 Webb, Jamie	Twba	565 20 x	567 13	2
2 Gaze, David	Lis	561 10 x	579 24	1
3 Hunziker, Dan	Comm	554 14 x	563 9	3
4 McLennan, Bruce	Twba	551 11 x	553 9	
5 Wooldridge, John	Mund	549 7 x	556 11	

GRADE: C & D

1 Toye, Richard	Twba	571 16 x	575 18	1
2 Elliott, Braydon	Twba	463 1 x		

GRADE: Disabled

1 Mark, Bradley	Par	553 9 x		
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GRADE: Silhouette Rifle

1 Shackleton, A	Twba	565 18 x	555 14
2 Wicks, Simon	Twba	561 15 x	563 15
3 Perk, Lesley	Isis	555 10 x	570 18
4 Pepprell, John	Sth Kol	553 4 x	567 16

BENCH REST**GRADE A**

	SAT	SUN
Patzwald, John	595 - 39x	593 37x
Bugden, Anne	592 - 36x	581 22x
Unger, Paul	590 - 32x	583 26x
Sampson, Robyn	587 - 34x	561 19x
Schneider, Mick	587 - 30x	581 25x
Gregory, Ian	587 - 29x	575 21x
Mark, Bradley	585 - 28x	
Webb, Jamie	583 - 23x	583 18x

GRADE Under A

	SAT	SUN
Pepprell, John	589 - 30x	556 15x
Perk, Anton	588 - 33x	582 29x
Wooldridge, John	588 - 32x	588 34x
Shackleton, Andrew	584 - 24x	561 22x
Gaze, David	581 - 22x	578 16x
Elliott, Braydon	553 - 11x	564 11
Meredith-Bramwell, Keith		546 12x

GRAND CHAMPION - TARGET

1 Patzwald, John	Toowoomba	572 587 1159 - 56x
2 Sampson, Rod	Commercial	573 584 1157 - 42x
3 Sampson, Robyn	Commercial	572 583 1155 - 45x

GRAND CHAMPION - Bench Rest

1 Patzwald, John	Toowoomba	595 593 1188 - 76x
2 Wooldridge, John	Mundubbera	588 588 1176 - 66x
3 Unger, Paul	Maryborough	590 583 1173 - 58x

GRAND CHAMPION - PRONE

1 Patzwald, John	Toowoomba	1188 1159 400 2747 - 132x
2 Pepprell, John	Sth Kolan	1145 1120 400 2665 - 65x
3 Wooldridge, John	Mundubbera	1176 1105 365 2646 - 84x

PRONE - SILHOUETTES**GRADE A**

1 Pepprell, John	80
2 Patzwald, John	80
3 Perk, Lesley	79
4 McLennan, Bruce	78
5 Perk, Anton	78
6 Wicks, Simon	78

GRADE B

1 Wooldridge, John	73
2 Nixon, Brett	73
3 Gaze, David	69
4 Elliott, Braydon	60

GRADE C

1 Shackleton, And	75
2 Wright, Ben	69
3 Toye, Richard	54

GRADE Disabled Class

1 Mark, Bradley	59
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TOOWOOMBA COME & TRY DAY

On Sunday 19th September, Toowoomba Club held the first of their 'Wheelies Come & Try Days' in conjunction with their regular Sunday club shoot.

Toowoomba Club had received a grant to purchase equipment and fund a number of these days.

Two young lads, Tom and Hayden along with their families, enjoyed a day of air rifle, silhouette, target rifle and bench rest shooting. Both were extremely keen to participate and shot very well with minimal assistance.

After a day of good shooting, John Patzwald rewarded both boys with 10 shots each with his bench rest gear. With John calling the wind, both boys fired near perfect scores.

Both Tom and Hayden participate in other sports with Tom holding State and National records for discus and shotput and Hayden a swimmer and basketballer. I think shooting may be added to their sporting activities now as well.

Everyone enjoyed a Simon cooked b-b-q lunch and although it was bitterly cold, a good day was had by all.



VOLUNTEERS

I.S.S.F. WORLD CUP - SYDNEY, 21ST-30TH MARCH, 2011.

Anyone who would like to volunteer to work at the World Cup in Sydney next year, please notify Belinda at: belinda@ausshooting.org or go to the A.I.S.L. website www.ausshooting.org / "AISL Volunteer Program' and fill out the relevant form.

Volunteers do not need range officials accreditation for many of the jobs available and this is an excellent opportunity to see the world's top shooters in action.

QUEENSLAND PRONE SILHOUETTE CHAMPIONSHIPS

Over the weekend of the 11th & 12th of September, the Bingera & South Kolan Small Bore Rifle Club on behalf of Queensland Target Sports, hosted the Queensland Prone silhouette Championships. The club has now hosted the championships for the past 13 years.

Shooting conditions were good over the weekend with only a gentle breeze. Although numbers were down on previous years, all shooters enjoyed the weekend. Scores were excellent with a large number of shooters obtaining a personal best.

The Championship consists of 2 x 80 shot matches, Saturday 40 shots day and night and Sunday an 80 shot match. Shoot-off's were required to separate A grade winners for Saturday and Sunday and the Championship winner after 7 shooters obtained the possible 80 score.

Results are as follows:

Saturday

A Grade

1. John Patzwald	80
2. Ken Ogilvie	80
3. John Pepprell	80

C Grade

1. Ethan Hammelwang	77
2. Colin Hegarty	72
3. Ben Wright	68

Novelty Shoot: A 40 shot under's & over's match.

1. Ken Ogilvie & Stan Thomas
2. Lesley Perk

Ken & Stan elected to share 1st prize rather than shoot-off.

Drawn teams of three: Anton Perk, Stan Thomas & John Pepprell - 233.

Sunday

A Grade

1. Ken Ogilvie	80
2. John Patzwald	80
3. John Pepprell	80
4. Raymond Neilson	80

C Grade

1. Ethan Hammelwang	76
2. Colin Hegarty	73

Drawn teams of three: Simon Wicks, Ken Ogilvie & Ben Wright - 230.

Qld Silhouette Champion:	Gold	Ken Ogilvie	Bundaberg
	Silver	John Patzwald	Toowoomba
	Bronze	John Pepprell	Bingera & Sth. Kolan

Junior Champion:	Gold	Ethan Hammelwang	Bingera & Sth. Kolan
	Silver	Ben Wright	Toowoomba

Sub-junior Champion:	Gold	Ethan Hammelwang	Bingera & Sth. Kolan
	Silver	Owen Hammelwang	Bingera & Sth. Kolan

President's Perpetual Shield: Won by Bingera & South Kolan 1130 from Bundaberg 839

Many thanks to the sponsors, without whom the Championships would not be possible:

Queensland Target Sports,	Bingera & South Kolan Club,
Bundaberg Regional Council	Wide Bay Australia Limited.

Alan Robert Adams (Bingera & Sth. Kolan)



Winners at the Qld Prone Silhouette Championships

Chicken Satay with Peanut Sauce

800g chicken breast fillets,
cut into 1 cm thick pieces
2 tablespoons soy sauce
2 tablespoons lime juice
2 cloves garlic, crushed
1 tablespoon vegetable oil
2 teaspoons mild curry powder
coriander leaves to serve (optional)

Peanut Sauce

1 tablespoon oyster sauce
1 tablespoon peanut butter
2 tablespoons sweet chilli sauce
1 tablespoon lime juice

1. Place the chicken, soy sauce, lime juice, garlic, oil and curry powder in a bowl & mix well. Cover and marinate in the refrigerator for at least 1 hour.
2. To make the peanut sauce, combine all the ingredients in a bowl. If you prefer the sauce warm, gently heat in the microwave.
3. Thread the chicken onto skewers and cook on the bbq for 3-4 minutes. Garnish with coriander leaves and serve with peanut sauce and salad.

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