



# Newsletter

Queensland

Target Sports Inc.

ISSUE 32

SEPT 2011

## WHAT'S NEXT

**STATE CHAMPIONSHIPS** - 5th & 6th NOVEMBER - Belmont.

Hope to see you all there. See the website for all information and entry form.

**LISMORE PRIZE MEETING** - 12th & 13th November.

Always a great weekend of shooting. Last prize meeting for the year.

**IPC WORLD CUP** - 11th- 19th NOVEMBER - SYDNEY.

Keep an eye out for our disabled shooters hunting for Paralympic Quota Places.

**OCEANIA CONTINENTAL CHAMPIONSHIPS** - 26/11 - 1/12. SYDNEY.

Olympic quota places up for grabs.

KEEP AN EYE ON ALL OUR DISABLED SHOOTERS AT THE IPC WORLD CUP, FORT BENNING, U.S.A. 3rd TO 12th OCTOBER.

GOOD LUCK EVERYONE.

## A.I.S.L. YOUTH NATIONALS

AISL will host the 2011 Youth National Championships from December 1 - 4, at the Sydney International Shooting Centre (SISC). The event will be contested across all I.S.S.F. disciplines, and **Entry is Free**. See the A.I.S.L. website for all info.

*"Attitudes are contagious -  
is yours worth catching?"*



Queensland  
Government

# TOOWOOMBA PRIZE SHOOT REPORT

By: Jamieson Webb, Toowoomba Club  
Date: Sunday 4 September 2011.



The Toowoomba Prize Shoot has come and gone for another year. This year we competed for the first time at the Toowoomba Pistol Club Range at Helidon. The facilities were superb and a big improvement of our former range at Mt Lofty. The hum of the generator added to atmosphere of the weekend and running water, electricity and hot showers added to the comforts when compared to the rustic conditions at the former range.

## **Prone**

The blue riband 50m ISSF Prone Event was dominated by Dane Sampson. Challenging wind conditions on Saturday saw a lot of shooters with sad faces with many 8's shot! Dane showed his class with a superb 593. John P 586 was second with Robyn Sampson 574 in third. Special mention must go to Andrew Shackleton who shot a 563 with his light silhouette rifle which would have earned him a 3<sup>rd</sup> in his grade in the ISSF Prone event.

Sunday's prone event was shot under much kinder conditions allowing Dane to shoot a magnificent 595 on 5 ring paper targets! At national level this score would qualify for a PQS! Well done. John P showed that he is "Mr. Average" by again shooting 586 with Robyn in 3<sup>rd</sup> on 577.

Dane walked away with the coveted Toowoomba Prize Shoot Grand Champion Prone Award whilst Matt Smith was awarded the Junior Prone Champion.

## **Benchrest**

A huge weekend was planned for benchrest with both TRA and multi-day RBA events scheduled to attract the numerous benchrest shooters in South Queensland. Unfortunately the expected numbers didn't eventuate, presumably due to an unforeseen clash with State Benchrest Championships in Springsure.

Special mention must go John Patzwald for setting a tentative yet to be ratified Daytime RBA State Record. Saturday was an early 7am start with TRA Benchrest. Excellent shooting by Damien Webb and John Patzwald shooting perfect 600's with Damien winning on countback with 55 X Rings.

The RBA events provided a colourful spectacle with numerous fluorescent wind flags, spinners and bobbing probes being installed on the range. Saturday's Heavy Varmint class was won by John Patzwald 738.47 followed by Damien Webb 719.23. Third place was up and coming Junior Shooter, Kurtis Griffey 715.17 who narrowly pipped Robyn Sampson 715.15 on countback. The Light Sporter class was won by Greg Graham (673) from Lismore.

Sundays RBA was a revelation with John Patzwald 746.50 narrowly winning over his 12 year old nephew, Kurtis 742.38. John Patzwald was overheard muttering at the presentations that he wouldn't be lending his rifle to Kurtis anymore! Andrew Shackleton showed that his days in C Grade are numbered with a very creditable 740.40. Greg Graham 675.11 again won the Light Sport Class with Simon Wicks 669.14 in second and Keith Meredith-Bramwell 572.1 in third with a Personal Best – well done Keith. John Patzwald was crowned Benchrest Grand Champion and Kurtis Griffery was awarded the Junior Benchrest Champion.

## **Air Rifle**

At last we have another great country range with excellent air rifle facilities that is just over an hours drive from Brisbane. A well lit indoor range with 14 bays of returning targets was a real treat allowing dedicated air shooters another venue other than the Belmont or Maryborough Air Ranges. With plenty of space behind the shooters to prepare and a resident possum for company, the new range was well received by the shooters. Dane Sampson reigned supreme on Saturday and had win by the narrowest of margins over Tamsyn on Sunday. Mathew Smith had a slow start after missing out on his beauty sleep with accusations of snoring leveled at fellow senior team members. A highlight of Sunday's shoot was the need to really ensure you had your Natural Point of Aim absolutely correct because we had the added feature of the generator running out of fuel just as Tamsyn was ready to release a shot halfway thru the self squadded 40 shot event. No generator, no lights, no returning target. We have plans for a bigger and better air rifle event next year.



### 50m Running Boar Target

After an absence of who knows how many years, 50m Running Boar Target has made a triumphant return to the competition circuit. Some attendees said it was a high point of the weekend. Being a test event instead of state ranking event, Running Boar was ranked as “Novelty”. This allowed the imaginative organizers to make some artistic improvements to the rather bland ISSF standard target. The anatomically correct improved “country” version included a special swinging 15 point bonus shot area that provided a lot of laughs. The target was nicknamed “Tickle Me Elmo”. Hitting this delicate area is known colloquially as a “Texas Bee Sting”. Rob Gallon generously allowed his lever action scoped 22 rifle to be used by the majority of competitors. The aim of the event was to provide some light hearted relief at the end of the day and get all the shooters and spectators involved and this was a big success.

The target was only test shot for the first time on the Saturday morning so all competitors were on an equal footing with none having any prior practice or experience. Each shooter was given 4 sighting shots and then 20 scoring shots. A big thanks must go to the slaves who ran endlessly up and down the range to mark sighters, replace scoring targets and patch out holes. Thanks must also go to Rod Sampson who supervised the safety of the firing point whilst Jamie Webb operated the target movement from the “dry firing” point.

Robyn Sampson was the first competitor and demonstrated solid technique with a bolt action repeater rifle. Spectators were treated to the rare sight of Dane being seen with a scoped rifle in his hand. A common comment heard was “I spend all my time training telling my body not to move when target shooting and now I am doing the complete opposite.”

Some competitors still need to work on their stance and shooting technique though. Matt Smith showed he is a true air rifle shooter when he combined a copy book air rifle stance with fast lever work to really get the shots cracking down range. He finished with a broad smile! Other shooters completely ignored the standard ISSF start position of the butt being level with the hip and just had the rifle to the eye even before the target appeared. Be warned these flagrant breaches will earn a “yellow card” next year!

Also ignored was the “one shot per run” rule. When Damien Webb asked how many shots were allowed per run, Range Officer Jamie Webb, replied “we are not playing for sheep stations so you can put in extra shots if you like”. Well it was “on” with competitors working the lever action furiously to see how many shots could be scored in a single 5 second run over 12 metres. The red mist really took over when a certain former Commonwealth Games Gold Medallist showed his skill by hitting the target 4 times in one run to the loud cheers of the gathers onlookers. He then followed this by providing advice to the Range Officer on how to cheat with the scoring shots!

Rob Gallon showed excellent form by winning the prize for the most “bonus area shots” with one shot in the left and another in the right thus rendering poor Elmo a eunuch! Winner of the evening was Greg Graham from Lismore with a very creditable 104 points out of 200. Second was Rob Gallon and third was Damien Webb from Lismore. Comments from participants and spectators alike indicated that the event was well received and a lot of fun was had by all. Departing competitors were overhead planning to return next year with more fire power!

# QLD SILHOUETTE CHAMPIONSHIPS - 2011

Thirty-six shooters attended the QTS sponsored Queensland Silhouette Championships at the Isis Rifle Range on the weekend 17<sup>th</sup> & 18<sup>th</sup> September. The conditions were a little hazy due to the smoke but otherwise quite good. There were many 40s posted, however, only Glenn Evans from Bundaberg managed the 160 shots without a miss.

This was the first time the Isis Club has hosted the Championships and the weekend was considered to be an outstanding success and this was reflected in the comments made by visiting club representatives after the presentations. Thanks everyone for a great weekend.

## Saturday

### A grade

Glenn Evans	Bundaberg	80	1 <sup>st</sup>
John Pepprell	Sth Kolan	79	2 <sup>nd</sup>
Gus Kuhnel	Bundaberg	78	3 <sup>rd</sup>

### B grade

Terry Harrold	Sth Kolan	77	1 <sup>st</sup>
Joe Bonel	Bundaberg	77	2 <sup>nd</sup>
Michelle Aberdein	Gympie	76	3 <sup>rd</sup>

### C grade

Jeff Hammelswang	Sth Kolan	71	1 <sup>st</sup>
Mike Moller	Isis	70	2 <sup>nd</sup>
Mitch Jones	Gympie	67	3 <sup>rd</sup>

### D grade

Larry Dunks	Isis	52	1 <sup>st</sup>
Tim Doessel	Mundubbera	31	2 <sup>nd</sup>
Michael Garrett	Isis	28	3 <sup>rd</sup>

## Aggregates

### A grade

Glenn Evans	Bundaberg	160	1 <sup>st</sup>
Gus Kuhnel	Bundaberg	158	2 <sup>nd</sup>
John Pepprell	Sth Kolan	158	3 <sup>rd</sup>

### B grade

Joe Bonel	Bundaberg	156	1 <sup>st</sup>
Adrian Doessel	Mundubbera	152	2 <sup>nd</sup>
Michelle Aberdein	Gympie	151	3 <sup>rd</sup>

### C grade

Jeff Hammelswang	Sth Kolan	144	1 <sup>st</sup>
Brian Cooper	Gympie	139	2 <sup>nd</sup>
Rob Hodder	Isis	136	3 <sup>rd</sup>

### D grade

Larry Dunks	Isis	111	1 <sup>st</sup>
Michael Garrett	Isis	77	2 <sup>nd</sup>
Tim Doessel	Mundubbera	65	3 <sup>rd</sup>

The President's Perpetual Shield was won by the Isis Club with their team of ten shooters.

For a full list of individual scores go to the QTS website – [www.targetsports.org.au](http://www.targetsports.org.au)

## Sunday

### A grade

Paul Collins	Isis	80	1 <sup>st</sup>
Gus Kuhnel	Bundaberg	80	2 <sup>nd</sup>
Glenn Evans	Bundaberg	80	3 <sup>rd</sup>

### B grade

Joe Bonel	Bundaberg	79	1 <sup>st</sup>
Adrian Doessel	Mundubbera	78	2 <sup>nd</sup>
John Wooldridge	Mundubbera	77	3 <sup>rd</sup>

### C grade

Brian Cooper	Gympie	74	1 <sup>st</sup>
Jeff Hammelswang	Sth Kolan	73	2 <sup>nd</sup>
Rob Hodder	Isis	71	3 <sup>rd</sup>

### D grade

Larry Dunks	Isis	59	1 <sup>st</sup>
Michael Garrett	Isis	49	2 <sup>nd</sup>
Tim Doessel	Mundubbera	34	3 <sup>rd</sup>

## Overall Champions

Glenn Evans	Bundaberg	Gold
Gus Kuhnel	Bundaberg	Silver
John Pepprell	Sth Kolan	Bronze

## Junior Champion

Ethan Hammelswang	Sth Kolan	Gold
Jared Boisen	M'borough	Silver

## Sub-Junior Champion

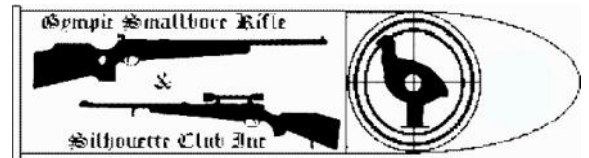
Adrian Doessel	Mund	Gold
Mitch Jones	Gympie	Silver
Owen Hammelswang	Sth Kolan	Bronze



Queensland Silhouette Champions for 2011

# YOU'RE INVITED

To come and try out the new upgraded Ed Powell Range at Gympie on the 8<sup>th</sup> of October from 11 am.



All disciplines catered for:

*Target Shooting.*

*Benchrest Shooting.*

*Silhouette Shooting.*

*Novelty Silhouette Shoot*

*Official Ceremony at 3pm*

Dinner in the evening. Try some of Laurie's famous cooking.

Camping facilities and hot showers are available at the range.

**Contact Laurie or Michele on 54841242 or 0427974783**



**Queensland Government**

Queensland Government provided \$57,404 to the Gympie Small Bore Rifle and Silhouette Club Inc to repair the shooting facility to get more Queenslanders active through sport and recreation."

## GOD'S e-MAIL

One day God was looking down at Earth and saw all of the misbehaving that was going on.

So he called one of His angels and sent the angel to Earth for a time.

When the angel returned, he told God, 'Yes, it is bad on Earth; 95% are misbehaving and only 5% are not.

God was not pleased. So He decided to e-mail the 5% that were good, because he wanted to encourage them, and give them a little something to help them keep going.

Do you know what the e-mail said?

Okay ..... I was just wondering, because I didn't get one either....

# THE FUNDAMENTALS OF PRONE SHOOTING BY BILL EVANS

It is obvious that faulty position is the first big gulf that separates amateurs from masters, and that in many cases faulty position alone places a low ceiling on their shooting accomplishments.

Before you can fire a rifle you must pick it up and hold it in some manner. We make our first mistake rifle there when we speak of holding the rifle. We speak of hard holders, good holders, of bad holds and good holds.

With this description we implant in our minds the desirability of busting slings and bending barrels. We attempt to hold the rifle steady, straining to hold the sights aligned in perfect stillness on the bull.

In doing so, we lighten up one or more muscles of the body to some degree. It is almost impossible to tighten up any muscle without that tension being passed on to some extent to the stomach muscles.

An excellent coach once preached that all bad shots start from tight stomach muscles. I have become convinced that he was right. Perfect position and perfect relaxation go hand in hand. You cannot attain a perfect position without being perfectly relaxed. Whenever we start to shoot a rifle, the rifle points naturally at some position of rest. We must then make this natural position at rest coincide with the centre of the bullseye and also make it a part of our position.

If the rifle is then fired from this natural position there will be but little disturbance of the sight alignment during and after firing. The sights merely bounce up a little, and then settle right back to the perfect position.

But, if any attempt is made to hold the rifle in a certain line of aim, the rifle will not continue to lie in that line of aim at the instant of firing because of that instant the muscles which perform the operation of holding will relax, and the rifle will swing to its natural point of rest. The bullet will swing there too.

You cannot overcome this instantaneous relaxation at the moment of firing. It is a natural reflex which you cannot train out. You must learn to take a position that is completely relaxed with the rifle resting without effort in the plane you desire and not held by any muscular force whatever. You must take a position that is the ultimate in relaxation from the start.

Learn to point the rifle with the whole body and not with muscular effort of the hands and arms. To do this, presuming that you have your sling adjusted, your sights set, and everything ready to go, lie down facing your target. Place your left elbow, bring the rifle to your shoulder, and look along your sights.

The head must now be absolutely frozen to the stock. Any variation in the position of the head, no matter how slight, varies the centre of the shot group because of the resultant muscling, or holding, to bring the sights into perfect alignment with the bull.

The choice between a high or low prone position depends upon the conformation of the firer. Either position can be easily overdone. Make the sling hold you up in either position. Permit all your weight to come down on your sling arm in a dead-weight slump. Get the feeling that, if your sling broke, you would fall flat and bump your chin on the ground.

The most important thing to obtain from position is maximum steadiness and relaxation. If you are up too high on your elbows you will be unsteady. In exaggerating the low position to obtain steadiness the firer often defeats his own purpose by placing a strain on the neck muscles to retain the proper position of the head in relation to the sight picture.

It had been proved that variation in sling tensions causes variation in the size of the shot groups. However, I do not think that its effect is as great as it is generally believed to be.

If the sling is used at the same length throughout the score, and if the left hand is placed at exactly the same point each time, preferably against the sling swivel, then I believe that any sling tension variation is too small a factor for consideration.

Now that you are partly into position you probably see that you are way off the bull. Pivoting on the left elbow, move the whole body until your sights line up on the bull. Now check from your heels up for relaxation. Check yourself, muscle by muscle, and consciously try to relax each one. Keep looking along your sights.

Has the rifle swung off dead centre in the bull? Most probably it has. Again move your body to bring your sights in line in the centre of the bull. We cannot be content with having them about centre, or nearly centre, or almost centre. We must have them absolutely dead centre.

Check yourself again for relaxation. This time the rifle does not appear to have moved. Now we are getting somewhere, but we still have another series of checks to make.

We still have to eliminate the source of that instantaneous reflex at the moment of firing. Now being in what you hopefully think is a perfectly relaxed position, turn your eyes away from the line of sight. Be careful not to move your head or anything else. Just turn your eyes away. Keep looking over there. Ten seconds, fifteen, is not too long.

*COMMENT (It is suggested that it is better to close your eyes for this exercise as most people find it easier to relax fully with the eyes closed).*

While you are looking away your muscles are further relaxing, giving in to that slight tension you may have put on them by holding the rifle in perfect alignment while you looked through the sights. Now look back through your sights. The sights no longer line up in the centre of the bull! And if you fire from this position your shot group is going to spread in that direction.

Why? Because you will hold ever so slight to correct this faulty alignment. Then, when you fire, that instantaneous relaxation gets in its deadly work, your rifle swings to its natural point of rest, and you do not hit where you have been looking. Then you correct by manipulating windage and elevation but your next shot does not go right either.

Again that unconscious relaxation has done its stuff, only not uniformly because you do not tense uniformly. So you tighten up a little harder for your next shot. So the reflex with this shot throws the rifle a little wider and you probably note with some dismay that you have lost the X. Now you get panicky, and begin to think about the score and play around with your windage and elevation, tightening up more and more in a hopeless effort to make a good score. And then you blame the rifle, and the ammo, and plan to acquire this and that useless gadget which you hope may be a cure-all, when the only part of your equipment that is defective is the nut behind the butt plate.

So, stop wasting good ammo and get your position straightened out. Aim at the bull, look away for several seconds to permit your muscles to relax. Look back through your sights when you re-adjust your position. When you think you have it right, look away, then look back, and then correct.

When you are absolutely certain that you have achieved a relaxed position, try dry shooting two or three shots. Snap the empty rifle a few times. Dry firing does not ruin a rifle. If it does then mine has been ruined for a long time and yet shoots better than I can hold it.

Keep relaxed. Keep looking at your front sight. Can you notice any movement of the front sight at the instant the firing pin falls?

If you can, that is 'reflex' getting in his nasty licks - if you have squeezed the trigger properly, go back to aiming, looking away, and looking back.

Shooters trying this method for the first time have to make eight or nine tries before they get into the proper position. With practice, you will be able to lie down, take position, aim-and-look-away once or twice, and be right in the groove. Then watch the scores go up.

Position errors can be only partially corrected by sight changes. It seems as if 'reflex' works harder on some shots than on others.

Firing from a steeply sloping firing point leads us into two different position errors. One is the faulty placement of the butt on the shoulder. The second is the distribution of the body weight which results in moving the head forward and backward on the stock. There is no doubt that, as we move our weight forward or back, we do affect the sling tension uniformity, but in either case, since we have varied from our normal position, we have the tendency to muscle, or hold the rifle. The resulting instantaneous reflex ruins the score.

A strong pulsation is an annoyance that is due mostly to faulty position in some respect. Some set of muscles has tensed. You are holding unconsciously, and tighten muscles somewhere in order to hold. You will find that, if you just lie quietly in position for several seconds before each shot and let the pressure of the sling against the hand and wrist partially restrict the circulation, the pulsation lessens very appreciably.

You cannot overcome pulsation completely. Any time you think you have, put a scope on your rifle and be convinced. We can only reduce it to a minimum and the first step in doing this is to remove all strain and tenseness from your position.

Your actions to include release of the trigger are called 'performance'. Unless your performance is standardised and well-nigh perfect for each shot your groups will spread. Shooting is merely a mechanical operation. Each shot that you fire must be made with the purpose of correcting the mistakes, if any, made of the preceding shot.

*COMMENT & QUOTE: by Bill Pullam: 'Why would you analyse what you did wrong? Who cares what you did wrong? What you want to analyse is what you did right, then duplicate it. I was listening to a critique once being held by our Marksmanship Unit pistol shooters. I always have had a great deal of disagreement with some of the training techniques of our pistol shooters at Fort Benning. The man was giving a class on international pistol shooting. He said in effect, 'You shoot the shot, determine what the error was and then correct the error'. When he had finished, I went over to him and in a kidding way said, "I know why the rifle shooters win and the pistol shooters lose. You concentrate on your errors.' You shoot a lot more good shots than you shoot bad ones. Since you shoot more good ones, you are bound to learn more from these. Don't try to learn from the bad ones.*

It means nothing to brag about what your rifle will do in a machine rest unless you can fire approximately the same size groups and also centre them on the bull. In order to do this you must approximate the machine rest in steadiness and in uniform pressure against the rifle at all points: you must 'perform' perfectly in sighting and in squeezing the trigger. The champs can do it, so can the chumps if they observe the fundamentals.

The final step in all shooting is to deliver the shot so that it goes unexpectedly from a perfectly relaxed position. This step is accomplished by applying to the trigger such a slow and steadily increasing pressure that we do not know at what instant it will release the firing pin. When we do not know at what instant the firing pin will be released there is no possibility of our tightening up in our anticipation. When we are not tightened up we can - not 'let go' at the instant of firing with a reflex relaxation that will spoil the direction of the shot.

No amount of auxiliary equipment can overcome inability to squeeze the trigger in this manner. There is not a gadget made that will take the place of the slowly increasing pressure of the trigger finger so that we are not aware of its movement; so that the shot comes as a surprise to the firer. You can widen your trigger, check it, put a stop behind it, straighten it, crook it, put your finger farther in or out of the trigger guard, or do anything else that occurs to you, but if you are unable to control the muscles of your hand and your trigger finger so as to apply a constantly increasing pressure to the trigger you will never get small groups or uniform results.

In actual practice only a few good shooters squeeze the trigger moving anything but their trigger fingers. They have trained themselves to move this finger so gradually to the rear that they themselves are unaware of any movement of the trigger or finger. When the shot goes, it is a surprise to the firer. Being surprised, he has had no time to tighten up or to indulge his reflexes, and the shot travels through the bore undisturbed by any jump on the firer's part.

Sometimes it seems almost as if there was a definite relationship between the front sight and the trigger; that when the front sight settled into alignment is seemed to fire the rifle. This is the picture I have of a perfectly squeezed-off shot. Most of us lack the patience to lie there and wait for the shot to go. We get into position, align the sights, let out the breath, relax and commence the application of the pressure to the trigger. Nothing seems to happen and we become a little anxious for the rifle to fire. It is here that we lose our patience.

We no longer are willing to be there quietly and wait for the discharge but we hasten the process by suddenly adding just a little extra, deliberate pressure to the trigger. In other words, in our anxiety to make a good shot, we 'set it off' at the instant when the sights seem to be aligned most perfectly. Knowing that we are going to add that last sudden pressure gives us a chance to tighten up in expectation of the shot - to hold a little harder in order to make it perfect.

This sets up a tenseness somewhere with the result that the instantaneous relaxation at the moment of firing throws the muzzle out of alignment with the centre of the bull. What appears to have been one of the best shots becomes one of the wildest.

One of the highest mental hurdles for a shooter to take is to admit even to himself, that he is jerking the trigger; that he is adding that extra, deliberate pressure at the end of his squeeze. We hate to admit our inability to control ourselves, our inability to overcome our anxiety as to the result, our inability to lie quietly in position and wait for the shot to go off. And, probing to a shooter that he does jerk the trigger occasionally, is one of the hardest and most thankless tasks in the world.

Constant practice is the only method of achieving proper trigger squeeze! Practice not only with ammunition, but practice a whole lot more by dry shooting; that is, squeezing the trigger on an empty gun when you are in a position and sighting at a target. Squeezing the trigger is the phase of shooting which we actually practice least. We are too anxious to shoot scores.

When the trigger is released in dry shooting, on an empty gun, there is neither explosion nor recoil nor jump to disturb the sight alignment. So you can just lie relaxed behind the rifle and watch for any disturbance of the sight picture as the firing pin falls. If there is any disturbance you have caused it. You did not release the trigger so that the release came as a surprise. You added pressure so that you knew when it would release, and set yourself in anticipation trying to make the shot perfect. Then, having set yourself, reflex kicked your front sight over, and that is why you saw it move.

Most of us are sidetracked from good trigger squeeze performance by our anxiety to make a good score. If we can forget the score we are making, if we can stop counting the number of points we need to win the hand-hammered hot water bottle and concentrate each time on our smooth performance of the delivery of the shot, our trigger squeeze troubles will eliminate themselves.

So, after much dry shooting if you think you are squeezing the trigger properly, try shooting groups on the range. Put up a regular bull for an aiming point and fire a group of ten shots after you have warmed and fouled your rifle. Make no sight corrections during the string. You want a group not a score. This should show you that your trigger squeeze is not always perfect. If a shot goes wide of the group, though it might be a flyer, the chances are that you 'have set fire to it' because it looked perfect. But, alas, this life holds many bitter disappointments.

The most helpful method of detecting our errors, if any, is that little observed one of 'follow through' after the shot. Just as a golfer, or a ball player, follows through after he makes contact with the ball and continues his swing so should we lie relaxed behind our rifle staring intently through the sights to notice any movement as the trigger is released. If there is any movement, other than normal recoil, then you anticipated the shot because you added a sudden extra pressure to the trigger and you knew when it was going off.

The steps to acquire correct trigger squeeze are, (1) dry shooting to see if you can detect any movement of the rifle as the firing pin is released in an empty gun . (2) firing groups without regard to score to check on your dry shooting, and (3) firing good scores under uniform weather conditions for each shot.

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## MEMBER PROFILE

Name: **Bruce Osborne** CLUB:**Charleville**

Year of birth: **1954** Place of birth: **Boonah Australia**

Family: spouse: **Eileen**  
children: **Paul, James & Peter**  
siblings: **Jill, Jan & Roger**

Your favorite pets: **Tom' the cat**

Hobbies other than shooting: **Fishing, Boating, Camping**

Favorite pastime: **All of the above**

Your favorite type of music: **Most types**

Your favorite type of movies: **Westerns**

When & how did you start shooting: **My Dad taught us when we were kids - single shot .22**

Disciplines you compete in: **Smallbore target & silhouette - have shot big bore & clay target**

Your highest shooting achievement so far: **Shooting three chickens at 90 metres**

The most difficult part of shooting for you: **Finding time**

What do you like most about your club: **The good company & friendship**

What advice would you give to a new shooter: **Try all styles of shooting - BE SAFE**



*Bruce Osborne*

### **CONTACT:**

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